

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Introduction

Title Page - 01



welcome to the
Electronic Magazine
Antonio the Explorer
and his
Magical Journeys
to interesting places near
San Francisco, CA

this month describes his journeys to
Great Whale Beach
a unique aquatic
natural entertainment center
at the bottom of a
Big Mountain
on the
Pacific Ocean !

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 001

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 02

Table of Contents

(01) Antonio the Explorer - Title Page	(16) Great Whale Beach Northern Mountains !
(02) Antonio the Explorer Table of Contents	(17) Great Whale Beach Central Shore !
(03) What is Antonio the Explorer ?	(18) Great Whale Beach Southern Mountains !
(04) Who is Antonio the Explorer ?	(19) Great Whale Beach Giant Waves
(05) Why the visit to Great Whale Beach ?	(20) Great Whale Beach Enclosed Rocks
(06) The ride to Great Whale Beach !	(21) Great Whale Beach Mountain Views
(07) San Mateo County Highway "1", roads !	(22) The Journey Home from Great Whale Beach !
(08) Great Whale Beach Parking Lot !	(23) Next Issue (Volume 3 Preview)
(09) Great Whale Beach Tsunami Warning !	(24) Advertisement 01 - Digital Image Tutoring
(10) Great Whale Beach Water Warning !	(25) Advertisement 02 - Excel Tutoring !
(11) Great Whale Beach Giant Stairs !	(26) Advertisement 03 - PDF Book Tutoring !
(12) Great Whale Beach Fresh Water Stream !	(27) Advertisement 04 - AMB's Other books
(13) Great Whale Beach Beach Entrance !	(28) Words of Wisdom 1 !
(14) Great Whale Beach Aquatic Life !	(29) Words of Wisdom 2 !
(15) Great Whale Beach Nude Sun Bathers !	(30) Thank You Message

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 001- Page 002

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 03

What is Antonio the Explorer ?



"Antonio the Explorer" is an online magazine that tells journeys of a son and father in mostly Northern California but also to other parts of the United States.

Published by A M Benjamin Services, an Ebook Publishing Company in the city of San Francisco this electronic magazine mission is to tells stories about other places in the California that do not get a lot advertisements like the Fisherman Wharf and Union Square in the city of San Francisco.

The words and digital images in this magazine was written to inspire tourist and local resident to visit other places and find the beauty in thing that may be taken for granted.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002 - Page 003

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 04

Who is Antonio the Explorer ?



Antonio the Explorer at the writing of these stories is the story of a young man who is different with a few challenges some other people takes for granted.

Partially cursed in that he has a few minor difficulties grasping a few mental concepts many so called normal people take for granted.

Partially blessed in that he sees the things around him thru the eyes of a child, or an explorer arriving at a new land for the first time.

The only difference between Antonio and other adventurers like Columbus is one cross the ocean, and the other traveled across the bay.

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 05

Why the visit to Great Whale Beach ?



this journey to Great Whale Beach was to get a look at the beach on a warm and sunny day as opposed to our first visit to the beach on a cool and foggy day in March.

On my first visit to Great Whale Beach I thought it was a short beach with a small shore.

On my second visit to the beach I noticed it was a very long beach with a very shore that room to accommodate a large group of sun bathers and watchers like myself.

I was glad "The Explorer" and myself took the time to visit Great Whale Beach again near the city of Pacifica in San Mateo, CA.

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 06

The Ride to Great Whale Beach !



Map courtesy of Mapquest

The ride to Great Whale Beach in San Mateo County was smooth and easy ride on a warm and sunny Sunday in April of 2009.

After leaving a movie around 2pm in another part of San Mateo County, "The Explorer" and myself decided to give Great Whale Beach another visit while the weather was very pleasant.

After driving on San Mateo "Highway 1" many times, riding the extremely curvy roads with huge cliffs several hundred feet high , the ride was no longer scary, but still very beautiful.

If you are visiting or live in San Francisco and want to travel a road with some breath taking views, "Highway 1" in San Mateo is a great ride.

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 07

San Mateo County Highway "1", roads !



To me San Mateo County "Highway 1" on the California coast in the north central part of the state is amongst the most beautiful road I ever driven on and seen in my life.

With breathtaking views on mountains looking at the ocean high on a cliff to ocean level views of where you are eye with the water, traveling "Highway 1" will fascinate your sights because there are so spectacular thing to photograph with your digital camera.

What makes Great Whale Beach so special is you have park in a parking lot high on a mountain and walk down a large series of steps to get the beach, but it is all worth it .

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 007

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 08

Great Whale Beach Parking Lot !



With the exception of a small parking lot full of automobiles, one might miss the Great Whale Beach parking lot.

Many of the times I drove by the parking lot was full cars from surfers and people who were fishing.

In addition to the parking visible from the road, there is an additional parking for the visitors higher on a dirt road further up the hill, unseen from the road.

On a warm and sunny weekend, if you decide to visit Great Whale Beach, go early because on our Sunday visit in April, 2009 both the upper and lower parking lot were full to capacity.

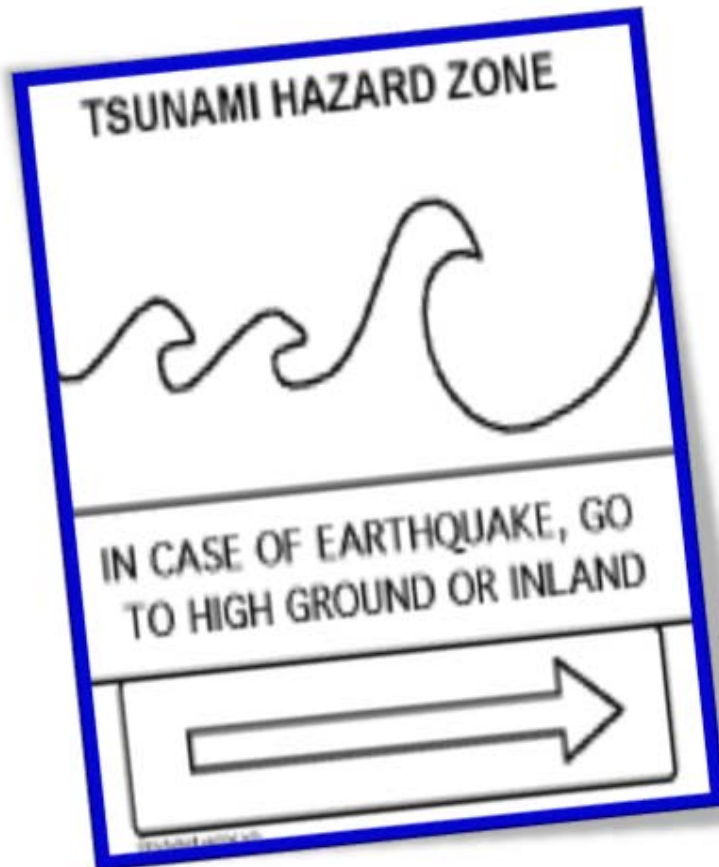
Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 09

Great Whale Beach Tsunami Warning !!



After crossing a " Highway 1 " road and traveling a few feet along a high cliff looking at a beach, you enter the trail leading to Great Whale Beach.

In both of my visit to Great Whale Beach the things that stood out to me most was the warning sign of dangers that you face going to the beach.

With only the words go to higher grounds the sign, you have a sense of the dangers related to being on this beach because the high mountain you have to climb.

With the exception of main path out of Great Whale Beach, a fast arriving Tsunami on a hot day crowded day would have a lot of casualties.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 009

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 10

Great Whale Beach Water Warning !



The second thing I noticed about entering Great Whale Beach was its danger sign of a Steep Beach.

What a "Steep Beach" is a sharp drop in the coast line along the beach.

On Great Whatle Beach, near the primary trail from the beach you can see the drop easily.

With the exception of great swimmers, visitor at the beach needs to be careful if playing in the water.

In all my visits to Great Whale Beach, I did not see any lifeguards, another reason to be cautious at this beach.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 010

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 11

Great Whale Beach Giant Stairs !



Before my visit to a mountain beach in southern California, the trail to Great Whale Beach was the most steps I had ever climbed to go to a beach.

High and steep with a lot of steps, the path to Great Whale Beach was more of a rigorous exercise experience than a pleasure trip to the beach.

While the climb down the trail to the beach was easy because gravity carried you down, the climb up was a journey only for the super fit.

While the climb up the mountain may have many steps, if you go slow and take breaks it will be easy and safe.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 011

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 12

Great Whale Beach Fresh Water Stream !



Just like Muir Beach had a fresh water stream coming out of mountain near the the beach, so did Great Whale Beach.

While stream coming from Muir Beach was a fast moving stream that was a mountain far away that I could really see, the stream on Great Whale Beach came out of a giant whole pipe I could see in the side of the mountain.

While the stream entering the ocean at Muir Beach lasted all the way to water, the stream at Great Whale Beach ended before the ocean and there was stream to jump over or get your feet wet.

At both Muir and Great Whale Beach I seen small children playing in the Stream.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 012

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page 13

Great Whale Beach Beach Entrance !



small after climbing down the mountain and looking at the beach between two big hills.

But once you pass the two big hills pass the steps of the beach, you can see a very big beach that is a few miles of shores in both directions.

In my opinion the southern and central side of Great Whale Beach was for families and people who like to wear bathing suits and northern part of the beach was nudist and admirer of nudist.

I explored both part of the beach to learn more about it aquatic life and the beauty of it hills and mountains.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 013

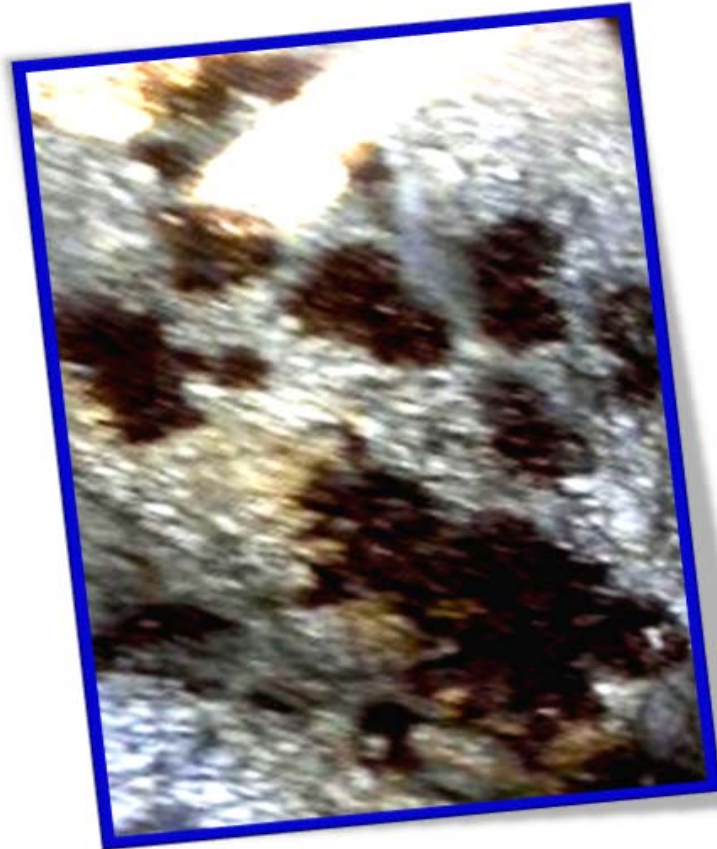
Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 14

Great Whale Beach Aquatic Life !



I guess on all beach the aquatic life you see on the beaches depends on the time of the year.

With the exception of plants growing on the side of mountains, I did not see much aquatic life on Great Whale Beach on our visit there.

What this visit to Great Whale Beach a little annoying was the flies that seemed to annoy me while I tried to rest and watch the beauties of the beach.

If one consider the waves part of the aquatic life, watching the enormounness of the waves coming into the beach entertained my mind trying to capital them with my digital camera.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 014

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 15

Great Whale Beach Nude Sun Bathers !



In all honesty the primary reason I visited Great Whale Beach was because one of Antonio the Explorer greatest hobby is visiting Nude Beaches and watching female nudist with his binoculars.

While Great Whale Beach had a lot of nude sun bathers, it sadden my heart to see so many nude men on the beach.

Part of my spirit was sad because I wanted to see more ladies, but another part of me felt I learn a lesson by beginning to see the human body for what is was, just flesh that changed with time.

Taking pictures on a nude beach can get you in trouble so be careful not to offends others.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 015

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 16

Great Whale Beach Northern Shores !



Great Whale Beach is a beach at bottom of a series of big mountains.

The mountain can be divided into three parts the southern, central and norther range where Antonio the Explorer spent of our time on that Sunday afternoon in April, 2009.

I guess what the explorer enjoyed most about this part of the beach was the nude ladies we seen,

While the central and southern parts of the mountains had escape routes, this portion of the mountain was big cliffs that only experience climber could climb.

But we were blessed and no tsunami came on visit.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 016

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 17

Great Whale Beach Central Shores !



The central part of Great Whale Beach was an experience in rocks sticking out of the water.

A picture of a man sitting alone on a rock in the central part of the beach just off the shore in my opinion is one of the greatest pictures I ever taken in my life with my cell phone.

Having a lot of people playing around the rock and trying to catch the water rising high in the air also made this part of the beach very special to me.

Seeing the beauty in what seems ordinary to others is a blessing I lived to experience while in the central part of Great Whale Beach.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 017

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 18

Great Whale Beach Southern Mountains !



On my second visit to Great Whale Beach I am glad I had a lot of energy because without it I never would of visited the southern end of this beach.

Outside of the many more clothed sun bathers, this portion of the mountains had an escape route off the beach in case of a tsunami.

While this trail had no steps like primary path off the beach, it was break in the mountain with path someone could up in an emergency.

Another beauty I seen at the end of the southern mountain was a series of rocks just off the shore that was unique in it own way, I am sorry I did not get a good pictures of those rocks.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 018

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 19

Great Whale Beach Giant Waves !



Just like many things in life, timing is everything and on the days I visited Great Whale Beach in San Mateo County they were truly spectacular.

While the number of surfers on the beach in my opinion was small, the waves seemed to so high and strong I wonder it was so few of them.

As stated earlier, I spent a big part of my time trying to catch beauty of them with my cell phone camera.

While I will never win an award with my digital images of the waves, to me they are inspirational and I am glad I captured them as a memory of my experiences at Great Whale Beach.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 019

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 20

Great Whale Beach Enclosed Rocks !



Without a doubt the most fun I had on that Sunday was playing between two rock where the ocean water tides came in and out.

One of the rocks was a giant rock about 15 feet high partially in the water, the other rock was part of a beach mountain that rose hundred of feet in the air.

What made the water and tides between these rocks so special was when the tides was the land between the rock dry, but when the tide was in the land had a lot of ocean.

Thinking the water shallow I was an adventurer and got my feet a little but was surprise to see the water rise to almost to my waste and it was freezing.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 020

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 21

Great Whale Beach Mountain Views !



While Muir Beach was a community with many homes high on cliffs near the beach, Great Whale Beach is a beach surrounded by mountains with no homes in sight.

Many of the mountains around Great Whale Beach are extremely steep and unclimbable, if people did not in creating the trails, no one would be able to visit the beach.

To adventurer who loves to climbs and seeks a thrill like a roller coaster there is a single house on the highest cliff in the area that is only accessible by foot.

While I teased my son about climbing the cliffs, I donot have enough courage at my age.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 021

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 22

The Journey Home from Great Whale Beach !



After an exciting day at Great Whale Beach we had a smooth and safe ride back home.

I guessed being so thrilled from my many adventures at the beach, the climb up the mountain was easy and I did not even feel tired.

Stopping at a Mc Donald before going home, this Sunday at Black Beach was an experience I will never forget and glad I was blessed with this journey.

When in the San Francisco Bay Area and want to see some new and different things, the journey on "Highway 1" and Great Whale Beach will be an experience you will never forget.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 022

Issue Three - July 2009 - Preview - Monterey, California

Volume Three of
Antonio the Explorer
is the story of a
of a Father and Son journey to
Monterey, California
a seaside community in the middle of California !

issue three of Antonio the Explorer is the story of

- (01) unique beautiful ride
- (02) crystal clear ocean water
- (03) some unique gray rocks and a black core
- (04) a long skinny beach
- (05) unique beach front home
- (06) and more.

please give my life a purpose and hear my
journey to Monterey, CA



Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 24

Advertisement 01 - Digital Image Tutoring

My story of digital image manipulation is the story of Microsoft Paint, a software program that is included in one of computers most popular operating system Internet Explorer.

What makes Microsoft Paint so popular is it allows us to create and store digital images that can be uploaded or downloaded to other computers.

While pictures can be stored in other software programs like word documents and spreadsheets, the most popular image transferring technique is in the JPEG or GIF format that is a feature of Microsoft Paint.

The major advantage of saving digital images in JPEG or GIF files is the images use less computer space which makes for easier emailing and downloading files.

If you are a novice photographer or artist and want to learn more about "Paint" like:

- (1) Locating Paint on a computer
- (2) changing the picture size
- (3) type of pictures files
- (4) setting up the digital image for printing
- (5) adding text to the pictures
- (6) the names of picture tools icons
- (7) naming the files for saving

help on topic email me at: ambenjamin79@yahoo.com

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 023

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 25

Advertisement 01 - Digital Image Tutoring

My story of digital image manipulation is the story of Microsoft Paint, a software program that is included in one of computers most popular operating system Internet Explorer.

What makes Microsoft Paint so popular is it allows us to create and store digital images that can be uploaded or downloaded to other computers.

While pictures can be stored in other software programs like word documents and spreadsheets, the most popular image transferring technique is in the JPEG or GIF format that is a feature of Microsoft Paint.

The major advantage of saving digital images in JPEG or GIF files is the images use less computer space which makes for easier emailing and downloading files.

If you are a novice photographer or artist and want to learn more about "Paint" like:

- (1) Locating Paint on a computer
- (2) changing the picture size
- (3) type of pictures files
- (4) setting up the digital image for printing
- (5) adding text to the pictures
- (6) the names of picture tools icons
- (7) naming the files for saving

help on topic email me at: ambenjamin79@yahoo.com

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 023

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 26

Advertisement 02 - Excel Book Tutoring

While Microsoft Paint in Internet Explorer is must for storing and saving documents because most pictures can only be download in a JPEG or GIF format; Microsoft Excel picture toolbox is great tool for modifying images and adding special features that is not available in Paint.

At a Microsoft Seminar I visited in 2003, Excel was compared to the human brain in that we would ever be able to use 10% of it capabilities.

Familiarizing myself with Excel because of my college educated professions as an accountant, I later discovered it was an equally great tool for creating word documents and modifying images.

Beside using Excel to center images on sheets, this software program has a great art tools for

- (1) creating unique picture frames
- (2) adjusting digital images size and shape
- (3) precisely adding text
- (4) creating pages for books and
- (5) adding 3D feature like shadows and more

this software program picture toolbox has the features to make an average artist sensational.

If you are a novice artist and want to learn more about Microsoft Excel I am available for private tutoring.

Email ambenjamin79@yahoo.com with Excel Tutoring in the subject line for more details.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 025

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 27

Advertisement 03 - PDF Book Tutoring

The preparation of electronic publications and manuscripts is a three phase project including (1) preparing graphic images (2) organizing the words and digital images on spreadsheets and (3) publishing a document that can be easily read by the public.

Thou the publications could be published in Excel, Adobe PDF publications have three major advantages.

The first advantage of publishing Ebooks in PDF documents as opposed to Excel is the issue of disk space usage. Excel publications requires four times as much space as PDF books, and many email attachment only allow 2MG or 10MG of space.

The second advantage of publishing documents in a PDF format is universal acceptance. Because Adobe PDF offer free reading software to general public, it has become the universal standard for reading and storing electronic documents of

The third advantage of PDF document is security. While you can make any electronic document completely safe from being copied or edited; Adobe PDF software programs has several features that was created to keep your work secure.

Anyone interest in learning how I created the PDF documents I used to make my journals email me at ambenjamin79@yahoo.com with PDF tutoring in the subject line for fees and times.

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 026

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 28

Words of Wisdom (01)

Of all things I want to be remembered for
in this life is giving people

HOPE:

and my definition of

HOPE

is a

Unconditional Belief

that

Peace of Mind and Happiness

is your

Divine Right.

But before this PEACE can come to you
I think you need to find away to accept the word
in the next two frames.

Prophecy of Peace Number Two !

before you can find

Peace of Mind

with the THINGS you want

Tomorrow in the Future

you first have to find

Peace of Mind

with the THINGS you owned

Yesterday and the Past

but more importantly
the THINGS in you POSSESSION
RIGHT NOW the PRESENT !

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 028

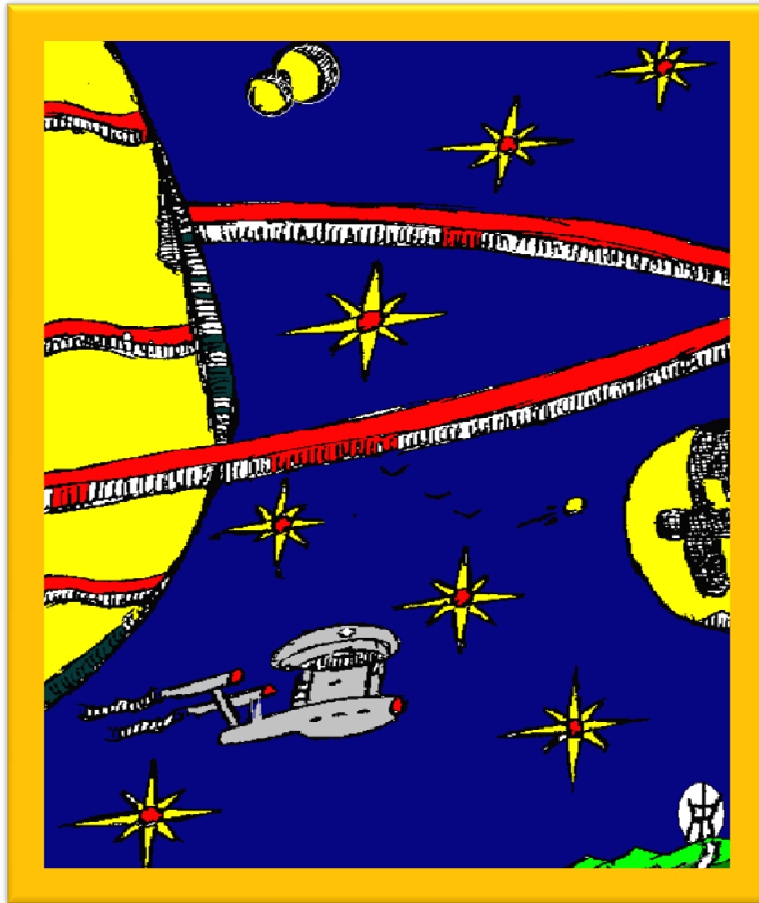
Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Page - 29

Words of Wisdom (02) - Spiritual Guarantee Number One



somewhere in the
Future
there is a
Dream
that will take you to
Paradise
the
Home of Peace

and there is
ABSOLUTELY NOTHING
NO PERSON OR NO THING
CAN SAY OR DO
to stop that
Dream
from coming to you !

A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 029

Antonio the Explorer

Electronic Travel Story Magazine - Volume 02 - June 1, 2009

Journey to San Mateo County California - Great Whale Beach !

Final Page - 30

Conclusion

Thank you for reading volume two of
Antonio the Explorer.

I hope you learnt something new and was
entertain with the

- (1) digital images
- (2) narratives of words
- (3) selections of frames
- (4) marketing ideas
- (5) words of hope

May all your Dreams Come True

A M Benjamin Services

Jun-09



A M Benjamin Services - Ebook Publisher - San Francisco, CA

ISSN # (1947-850X) - Volume 002- Page 030